

Playful Integration Resource List
for Clinicians Working with Children Experiencing Grief & Loss

Written Resources:

[A Child's Grief - What to expect when a child is grieving](#)

[How to Help a Grieving Child - Dougy Center](#)

[Movement Activities for Grieving Children - Dougy Center](#)

[About Grief: What to Expect At Different Ages - Dougy Center](#)

[Youngest Grievers: FAQs](#)

[The ARC of Grief Support](#)

[How to Help a Grieving Child or Teen](#)

[Talking to a Child About Death](#)

Podcasts:

[Grief Out Loud podcast: The Importance of Honesty - Talking with Children About Death](#)

[Grief Out Loud podcast: The Youngest Grievers](#)

[Grief Out Loud podcast: Tips For Talking With Children About Death](#)

[Play Therapy Community podcast: Supporting Grieving Children and Families at the Dougy Center with Jana DeCristofaro](#)

[Play Therapy Across the Lifespan podcast: Grief, Loss, & Resilience](#)

When a Parent Completes Suicide:

[Explaining Suicide to Children \(excellent overview\)](#)

[Coping with a Parent's Suicide](#)

[Coping with a Parent's Suicide \(in Spanish\)](#)

[Children, Teens, & Suicide Loss](#)

[Anger & Grief - Dougy Center podcast for parents](#)

<https://dougybookstore.org/collections/after-suicide/products/after-a-suicide-death-an-activity-book-for-grieving-kids>

Tips for Educators:

[Tips for Educators When a Student Has Experienced a Death](#)

[After A Suicide: A Toolkit for Schools](#)

Interventions:

[Creative Interventions For Bereaved Children with Liana Lowenstein \(\\$30 for 1 CE\)](#)

Resource list created by:

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About Heather & Playful Integration:

Heather Fairlee Denbrough (she/her/hers) is a Licensed Independent Clinical Social Worker, Registered Play Therapist Supervisor, and Certified Synergetic Play Therapy Supervisor with more than a decade of play experience. Her specialty areas are: young children and early childhood, developmental trauma, attachment issues, parent-child relational problems, suicidal ideation in young children, Synergetic Play Therapy, the nervous system and its role in therapy, parent reflective work/inner work, and reflective supervision.

Playful Integration exists to provide resources and more to play therapists and other folks who benefit from looking at the world from the lens of play therapy, with a special emphasis on

building confidence in folks working with children. Through Playful Integration, Heather offers play therapy consultation, workshops, and practical, supportive products.

Contact Information:

You can reach Heather at playfulintegration@gmail.com, follow her on Instagram:

@playfulintegration, or get more information about Heather's offerings at:

bit.ly/playfulintegration. You can also subscribe to Heather's newsletter here:

<https://tinyletter.com/PlayfullIntegration>